

St. Anthony's Parish

2347 Inglewood Avenue
West Vancouver, BC V7V 1Z9
Tel: (604) 926-6881

Web: www.sawv.ca

OFFICE HOURS:

MON - FRI: 9:30 AM — 1:30 PM
2:00 PM — 4:00 PM

Pastor: Fr. Arsène Dutunge
✉ adutunge@rcav.org

Evangelization Coordinator:
Elizabeth Holman
✉ elizabeth.sawv@gmail.com

Office Admin: Alexandra G.
✉ parish.sawv@rcav.org

Accountant: Elizabeth Bell
✉ stanthonywvacc@gmail.com

MASS SCHEDULES

SUNDAY MASS:

Saturday 4:30 pm
Sunday 8:30 am, 10:30 am

WEEKDAYS:

Monday - Saturday: 9:00 am
1st Friday: 6:30 pm

CONFESSIONS:

Monday - Saturday: 8:30 - 8:50 am
Saturday: 3:30 pm - 4:15 pm

ADORATION:

Friday: 9:30 am - 4:00 pm
[1ST FRIDAY OF THE MONTH]
9:30 am - 4:00 pm &
Vigil 7:00 pm to Saturday 8:00 am

Sign-up sheets located in vestibule

ONLINE GIVING OFFERTORY

SCAN WITH MOBILE PHONE OR CLICK
THE QR-CODE



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ST. ANTHONY'S PARISH

3RD SUNDAY OF LENT

MARCH 8 2026

St Anthony's Parish LENTEN RETREAT

SATURDAY, MARCH 14
10:00 am to Noon



When the Church inaugurated Lent with the liturgy of Ash Wednesday, we heard Saint Paul speak of a favorable time, a time of salvation (2 Cor 6:2). Lent is, in this sense, a privileged time to meditate on this path of salvation, clearly marked by the Paschal Mystery of Jesus (his passion, death, resurrection, and glorification).

"The Paschal Mystery is at the heart of the Christian faith, for God's plan of salvation was accomplished once and for all through the redemptive death of his Son Jesus Christ" (Compendium of the Catechism of the Catholic Church).

God bless,

Fr. Gilbert Nunez

PARISH ACTIVITIES AND EVENTS

MON — SAT	8:15 AM — 8:30 AM	LITURGY OF THE HOURS & MORNING PRAYERS
MON — MAR 9	10:00 AM — 12:00 PM	CATHOLIC FAITH COURSE (SESSION 25)
MON — MAR 9	7:00 PM	WEST VANCOUVER HISTORIAL SOCIETY
TUE — MAR 10	6:30 PM	RCIA
TUE — MAR 10	7:00 PM	CHRISTIAN MEDITATION GROUP
WED — MAR 11	5:00 PM — 6:00 PM	RCIT
WED — MAR 11	6:00 PM — 7:15 PM	PREP
THU — MAR 12	6:30 PM — 8:15 PM	ALPHA — DOES GOD HEAL TODAY?
FRI — MAR 13	10:00 AM — 3:00 PM	ADORATION OF THE BLESSED SACRAMENT
FRI — MAR 13	3:00 PM — 4:00 PM	DIVINE MERCY
FRI — MAR 13	6:30 PM	MASS + STATIONS OF THE CROSS
SAT — MAR 14	9:00 AM — NOON	PARISH LENTEN RETREAT

News from St. Anthony's Parish

MASS INTENTIONS

Sunday, March 8

8:30 am - *Parishioners*
10:30 am - † Dorothy Neima

Monday, March 9

9:00 am - † Margaret Charles
† Sophia Patel Andrews

Tuesday, March 10

9:00 am - † Candace Havelock

Wednesday, March 11

9:00 am - Sp. Int. of Trudy Carlston
† Judy Bentz

Thursday, March 12

9:00 am - † R. David Neima

FRIDAY OF LENT

Friday, March 13

9:00 am - Sp. Int. of Fadia Bahal
6:30 pm - † Roland Reineke

Saturday, March 14

9:00 am - † Joan Neima
4:30 pm - Sp. Int. of Martha Junker



RENOVATIONS IN THE CHURCH

We are very pleased to announce the renovations at St. Anthony's Parish have already started! During the month of March, please expect some noise in the parish as we upgrade our space. **Please note there will be no after Mass Sunday Coffee on March 8.**

Thank you for your patience!



LENTEN PENITENTIAL SERVICES (NORTH SHORE)

This Lent, continue your spiritual journey and return to Jesus in the Sacrament of Reconciliation. Our loving God awaits your return, ready to welcome you with forgiveness, healing and peace.

- **Tuesday, March 17** Christ the Redeemer – 7:00 pm
- **Wednesday, March 18** Holy Trinity – 7:00 pm
- **Thursday, March 19** St. Pius X – 7:00 pm
- **Wednesday, March 25** St. Stephen – 10:30 am
- **Friday, March 27** St. Joseph, Squamish – 7:30 pm

For more information visit: rcav.org/announcements/lenten-penitential-services



2026 PRO-LIFE CAMPAIGN.

A peaceful vigil for the protection of life, from conception to its natural end.

Monday, March 9

From 8:00 am to 4:00 pm

Location: 4818 Willow Street, Vancouver V5Z 0G2. (St. Joseph's Residence).

For inquiries please contact: vancouver40days@gmail.com

SIGN UP IN THE FOYER IF YOU WISH TO PARTICIPATE!

Alpha - Session 9

DOES GOD HEAL TODAY?

Thursday, March 12TH
6:30 pm

There will be an
opportunity for prayer
ministry at the end of
the session!

Alpha

News from St. Anthony's Parish



WEST VANCOUVER HISTORICAL SOCIETY: ANNUAL GENERAL MEETING

Monday, March 9 at 7:00 pm, at the Parish Hall

Learn more about West Vancouver's history and celebrate St. Anthony's place in it! All parishioners are invited to join us for our Annual General Meeting. Light refreshments will be served.

The West Vancouver Historical Society is a nonprofit, public service organization interested in enjoying, celebrating, and preserving the history of West Vancouver.



CHRISTIAN MEDITATION GROUP

Tuesday, March 10
Time: 7:00 pm to 8:00 pm
Location: Church

Pre-recorded 10 minute talk by Benedictines Fr. John Main or Fr. Laurence Freeman, a **25 minute silent meditation followed by time for questions and comments.** For information contact JoAnn or Leo at: jlcullen@telus.net or visit WCCM.org



THE VIRGINIA FORSYTH BURSARY

Deadline to send complete
Application Form: June 30, 2026

In memory of our former parishioner Virginia Forsyth, a bursary was established, administered by St. Anthony's Parish. **It provides funds to students studying at a Canadian post-secondary institute, who are parishioners of St. Anthony's and who can demonstrate financial need.**

The Virginia Forsyth Bursary information package can be picked-up from the [bulletin board outside the parish office.](#) Completed application forms should be returned to the parish office by **June 30, 2026.**



PREP — SACRAMENT OF RECONCILIATION

Saturday, March 7
Location: Church
Time: 10:00 am

Eight PREP students will receive the **Sacrament of Reconciliation** for the first time. We thank the catechists, Mrs. Lara, Mrs. Young and Mrs. Mustard, who have been journeying with the children since October 2025 to prepare them for this special milestone in their spiritual life. Please pray for the children as they continue to prepare for the sacrament of 1st Holy Communion in June. Please also pray for 5 Confirmandi, who will be confirmed here at St. Anthony's at Pentecost.

We are welcoming children currently in grade 1 in public or private non-Catholic school to join St. Anthony's PREP after Spring break. For more information please email: prep.sawv@rcav.org



CATHOLIC FAITH COURSE

Monday, March 9
Location: Parish Hall
Time: 10:00 am to 12:00 pm
Session 25:
The Last Seven Commandments

Learn about the rich teachings and practices for our Catholic Faith from Maureen Creelman and Fr. Vincent Hawkswell. No need to register, everyone is welcome!

WE ARE LOOKING FOR A DEDICATED MUSICIAN FOR THE SATURDAY 4:30 PM MASS

This will be a paid position.

The successful candidate will need to be comfortable choosing hymns and contemporary songs, leading a choir, and leading the congregation on their own when needed.

Desired Skills and Experience:

- Demonstrate proficiency playing piano and/or guitar.
- Experience leading a choir is an asset.
- Knowledge and understanding of Catholic liturgy, or willingness to be trained.

If you or someone you know is interested, email a resume to the parish office at: parish.sawv@rcav.org
Attention: Father Arsène — 4:30 PM Mass Music Ministry

News from St. Anthony's Parish



FAITH AND SCIENCE SCHOLARSHIP

Application deadline: May 15, 2026
Awardees to be announced by the end of May. **More details** are available at:
catholicscientistsvan.org/scholarship

The Vancouver Chapter of the Society of Catholic Scientists is excited to announce the **2026 Faith and Science Essay Competition**. Awards will be presented to two Catholic students enrolled in a science discipline at a post-secondary institution within the Archdiocese of Vancouver. Competition open to undergraduate and graduate students.

Awards: First Place \$1,000 / Second Place: \$500
Submissions will be evaluated based on content and quality of the applicant's essay or video reflection, with GPA not considered in the assessment.



ST. THOMAS AQUINAS' SPRING PLANT SALE!

Order deadline: Sunday, April 19
Pick up date: May 5 and 6
Location: STA High School

Whether you're looking for low-maintenance succulents or planning a full-scale garden, we've got the perfect plant waiting for you! You'll find garden supplies, soil and fertilizer, assorted herbs and veggies, ferns, flowers and more!

It's the perfect excuse to embrace your inner "plant parent" and bring a little more oxygen into your home! For more information visit: aquinas.growingsmilesfundraising.com

CHRIST THE REDEEMER — LENTEN RETREAT

March 23, 24 and 25
Time: 6:30 pm to 8:00 pm
Location: Christ the Redeemer

Over three evenings, participants will be invited into a time of healing, mercy, and renewal through reflection, prayer, and worship:

- **Evening 1: Recognizing Our Wounds** – with Deacon Steven Whan, followed by Stations of the Cross
- **Evening 2: Encountering the Healer** – with Fr. Babu Mathew, followed by a Healing Mass
- **Evening 3: Restored and Sent Forth** – with Deacon Tim Kostamo, followed by Adoration and Benediction.

Praise and worship, prayers for healing, and fellowship will be part of this retreat.



WILD WEST HOEDOWN: DENIM, DINING AND DANCING

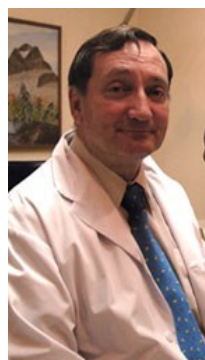
Friday, April 17
6:30 pm—Doors open
7:00 pm—Welcome remarks and dinner
Location: STA High School

Join STA parents and alumni on this fun community event! Saddle up on your favorite cowboy posse and enjoy dinner, music, mechanical bull competition, Texas Hold'em, silent auction and more!

Early bird tickets \$50 per person, after March 16: \$55 per person. Ticket includes one complimentary drink.

Learn more and **register by April 1st** at:
aquinas.org/sta-event/wild-west/

SCIENCE AND THE SUPERNATURAL



Please join us for a fascinating talk given by Dr. David Neima concerning:

MEDICAL EXAMINATION OF EUCHARISTIC MIRACLES

Thursday, March 12, 2026
Time: 7:00 pm
Location: STA High School
(541 West Keith Rd, North Vancouver)

To register for in person or on-line attendance, please email: adriana.landberg@gmail.com
For inquiries, contact: jessicachoo@mac.com

MOMENTUM SINGLE MOTHERS WEEKEND RETREAT



From Friday, March 20 to Sunday, March 22
Location: Stillwood Camp and Conference Centre (Lindell Beach, BC).

Looking for spiritual renewal as a single mom? All Catholic single mothers and their children are invited to a two-night retreat. The weekend includes faith-filled talks and programming for mothers, family time, children's activities, Mass and Confession. Childcare is provided, so you can fully enter into prayer and fellowship.

Register by March 9 at: beholdvancouver.org/events/momentum-retreat