

## St. Anthony's Parish

2347 Inglewood Avenue  
West Vancouver, BC V7V 1Z9  
Tel: (604) 926-6881

Web: [www.sawv.ca](http://www.sawv.ca)

### OFFICE HOURS:

MON - FRI: 9:30 AM — 1:30 PM  
2:00 PM — 4:00 PM

Pastor: Fr. Arsène Dutunge  
✉ [adutunge@rcav.org](mailto:adutunge@rcav.org)

Evangelization Coordinator:  
Elizabeth Holman  
✉ [elizabeth.sawv@gmail.com](mailto:elizabeth.sawv@gmail.com)

Office Admin: Alexandra G.  
✉ [parish.sawv@rcav.org](mailto:parish.sawv@rcav.org)

Accountant: Elizabeth Bell  
✉ [stanthonywvacc@gmail.com](mailto:stanthonywvacc@gmail.com)

## MASS SCHEDULES

### SUNDAY MASS:

Saturday 4:30 pm  
Sunday 8:30 am, 10:30 am

### WEEKDAYS:

Monday - Saturday: 9:00 am  
1st Friday: 6:30 pm

### CONFESSIONS:

Monday - Saturday: 8:30 - 8:50 am  
Saturday: 3:30 pm - 4:15 pm

### ADORATION:

Friday: 9:30 am - 4:00 pm  
[ 1ST FRIDAY OF THE MONTH ]  
9:30 am - 4:00 pm &  
Vigil 7:00 pm to Saturday 8:00 am

Sign-up sheets located in vestibule

### ONLINE GIVING OFFERTORY

SCAN WITH MOBILE PHONE OR CLICK  
THE QR-CODE



FOLLOW US  
@stanthonyswv

# ST. ANTHONY'S PARISH

2<sup>ND</sup> SUNDAY OF LENT

MARCH 01, 2026



## PARISH ACTIVITIES AND EVENTS

MON — SAT	8:15 AM — 8:30 AM	LITURGY OF THE HOURS & MORNING PRAYERS
MON — MAR 2	10:00 AM — 12:00 PM	CATHOLIC FAITH COURSE (SESSION 24)
TUE — MAR 3	6:30 PM	RCIA
TUE — MAR 3	7:00 PM	CHRISTIAN MEDITATION GROUP
WED — MAR 4	5:00 PM — 6:00 PM	RCIT
WED — MAR 4	6:00 PM	PREP LENTEN CONFESSION
THU — MAR 5	6:30 PM — 8:15 PM	ALPHA
FRI — MAR 6	10:00 AM — 3:00 PM	ADORATION OF THE BLESSED SACRAMENT
FRI — MAR 6	3:00 PM — 4:00 PM	DIVINE MERCY
FRI — MAR 6	6:30 PM	MASS + STATIONS OF THE CROSS
FRI — MAR 6	7:30 PM — 8:00 AM	OVERNIGHT VIGIL (FIRST FRIDAY ADORATION)
SAT — MAR 7	10:00 AM	1ST CONFESSION PREP
SAT — MAR 7	1:00 PM — 1:30 PM	MEN'S SHELTER (PICK UP)

# News from St. Anthony's Parish

## MASS INTENTIONS

### Sunday, March 1

8:30 am - *Parishioners*  
10:30 am - † Mike Perez Detagle  
Pro-Life Intentions

### Monday, March 2

9:00 am - Sp. Int. of Adriana Kowalczyk

### Tuesday, March 3

9:00 am - † Margaret Charles

### Wednesday, March 4

9:00 am - † Ed Hauser

### Thursday, March 5

9:00 am - † Karen Neima

### FRIDAY OF LENT

### Friday, March 6

9:00 am - † Gina Charles  
6:30 pm - Sp. Int. of Father John Eason

### Saturday, March 7

9:00 am - Sp. Int. of David Neima  
4:30 pm - † Stefan, Sonya, Maria and  
Mihael Mulej

## St Anthony's Parish LENTEN RETREAT



SAVE THE DATE!

**SATURDAY, MARCH 14**  
starting with 9 am Mass to noon.

More details to come!

**ALPHA**

**HOLY SPIRIT DAY**

**Saturday, Feb 28 from 9:30 to 3 pm**

**ALPHA HOLY SPIRIT SATURDAY IS HERE!**

Join us as we unpack who is the Holy Spirit and what does He does.

There will be opportunities to receive prayers!



### STEWARDSHIP REFLECTION:

**“GO FORTH FROM THE LAND OF YOUR KINSFOLK AND FROM YOUR FATHER’S HOUSE TO A LAND THAT I WILL SHOW YOU”.** — Genesis 12:1

God calls all of us to leave behind our old ways and to follow Him, placing our complete trust in Him. Some of the old ways that we struggle to leave behind might be materialism, selfishness and greed.

Yet, God promises to show us a new land and a better way to live. Remember what St. Teresa of Calcutta said, “God does not call us to be successful, God calls us to be faithful.”



### MARCH 06 **FIRST FRIDAY ADORATION**

- ▶ 6:30 PM — 7 PM First Friday Mass
- ▶ 7 PM — 7:30 PM Stations of the Cross
- ▶ 7:30 PM — 8 AM Overnight Adoration
- ▶ 8 AM Benediction

**All are welcome!** Sign up in the foyer

# News from St. Anthony's Parish



## MEN'S SHELTER DONATION

**Next pick up: Saturday, March 7**  
**Time: 1:00 to 1:30 pm**  
**Location: Parking lot**

Donations on second-hand men's clothing in good conditions will be greatly appreciated, new socks and underwear, as well as sandwiches, baked goods and cookies.

Thank you for supporting this cause; **please drop off your donations outside the parish office.** For more information contact: [nanthomas30@gmail.com](mailto:nanthomas30@gmail.com)

## LENTEN PENITENTIAL SERVICES (NORTH SHORE)

This Lent, take an important step in your spiritual journey by returning to Jesus in the Sacrament of Reconciliation. Our loving God awaits your return, ready to welcome you with forgiveness, healing and peace.

- **Tuesday, March 17:** Christ the Redeemer – 7:00 pm
- **Wednesday, March 18:** Holy Trinity – 7:00 pm
- **Thursday, March 19:** St. Pius – 7:00 pm
- **Wednesday, March 25:** St. Stephen – 10:30 am
- **Friday, March 27:** St. Joseph, Squamish – 7:30 pm

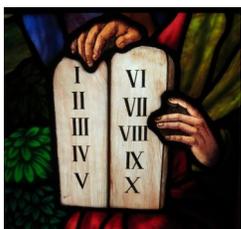
For more information visit:  
[rcav.org/announcements/lenten-penitential-services](http://rcav.org/announcements/lenten-penitential-services)



## CHRISTIAN MEDITATION GROUP

**Tuesday, March 3**  
**Time: 7:00 pm to 8:00 pm**  
**Location: Church**

Pre-recorded 10 minute talk by Benedictines Fr. John Main or Fr. Laurence Freeman, a **25 minute silent meditation followed by time for questions and comments.**  
For information contact JoAnn or Leo at: [jlculen@telus.net](mailto:jlculen@telus.net) or visit [WCCM.org](http://WCCM.org)



## CATHOLIC FAITH COURSE

**Monday, March 2**  
**Location: Parish Hall**  
**Time: 10:00 am to 12:00 pm**  
**Session 24: The First Three Commandments**

Learn about the rich teachings and practices for our Catholic Faith from Maureen Creelman and Fr. Vincent Hawkswell. No need to register, everyone is welcome!



## 2026 Pro-Life Campaign.

A peaceful vigil campaign for the protection of life from conception to its natural end.

**Date: Monday, March 9**  
**Time: 8:00 am to 4:00 pm**  
**Location: 4818 Willow Street, Vancouver**  
(Willow and 32nd Ave. In front of St. Joseph's Residence)

**Sign up at the Foyer if you wish to participate!**  
More information to be announced. For inquiries please contact: [vancouver40days@gmail.com](mailto:vancouver40days@gmail.com)



**Friday, March 6 to Saturday, March 7**  
**Time: 6:00 pm to 8:00 am (next day)**  
**Location: St. Mary's Parish (5251 Joyce Street).**

There are so many of God's beloved children living in physical and spiritual poverty with no one to support them or show them the dignity and love that they so desperately need.

**The annual Catholic Street Missionaries (CSM) SLEEP OUT** invites parish and non-parish members to make a bold and courageous decision to join us in SLEEP OUT.

You will be making a true sacrifice by experiencing what it's like to be homeless and spend one night outside in the cold. Participants will be given a link to their own personalized page where they can ask their community to make a donation in supporting them to sleep outside for the night. The money raised will go directly to Catholic Street Missionaries and be used to bring resources to our homeless brothers and sisters in the streets of downtown Vancouver.

**Registration or sponsorship at this weekend's Masses (Feb 28/ March 01).**

More information: [beholdvancouver.org/events/sleep-out](http://beholdvancouver.org/events/sleep-out)

# News from St. Anthony's Parish



## FAITH AND SCIENCE SCHOLARSHIP

**Application deadline: May 15, 2026**  
Awardees to be announced by the end of May.  
**More details** are available at:  
[catholicscientistsvan.org/scholarship](http://catholicscientistsvan.org/scholarship)

The Vancouver Chapter of the Society of Catholic Scientists is excited to announce the **2026 Faith and Science Essay Competition**. Awards will be presented to two Catholic students enrolled in a science discipline at a post-secondary institution within the Archdiocese of Vancouver. The competition is open to both undergraduate and graduate students.

**Awards: First Place \$1,000 / Second Place: \$500**  
Submissions will be evaluated based on content and quality of the applicant's essay or video reflection, with GPA not considered in the assessment.



## MOMENTUM SINGLE MOTHERS WEEKEND RETREAT

**From Friday, March 20 to Sunday, March 22**  
**Location: Stillwood Camp and Conference Centre (Lindell Beach, BC).**

Looking for spiritual renewal as a single mom? All Catholic single mothers and their children are invited to a two-night retreat.

The weekend includes faith-filled talks and programming for mothers, family time, children's activities, Mass and Confession. Childcare is provided, so you can fully enter into prayer and fellowship.

**Register by March 9** at: [beholdvancouver.org/events/momentum-retreat](http://beholdvancouver.org/events/momentum-retreat)

## SATURDAY 4:30 PM MASS MUSIC MINISTRY

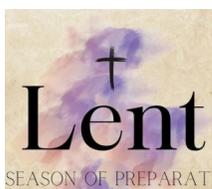
**We are looking for a dedicated musician for the 4:30 pm anticipatory Mass. This will be a paid position.**

The successful candidate will need to be comfortable choosing hymns and contemporary songs, leading a choir, and leading the congregation on their own when needed.

Desired Skills and Experience:

- Demonstrate proficiency playing the piano and/or guitar.
- Experience leading a choir is an asset.
- Knowledge and understanding of Catholic liturgy, or willingness to be trained.

Please submit a resume to the office: [parish.sawv@rcav.org](mailto:parish.sawv@rcav.org)  
**Attention: Father Arsène—4:30 PM Mass Music Ministry**



## JOURNEY THROUGH LENT VIDEOS

Watch this week's video from the Canadian Conference of Catholic Bishops at: [cccb.ca/lent](http://cccb.ca/lent)

On this Second Sunday, Bishop Miehm of Petersborough, Ontario provides a reflection on the Transfiguration as a journey toward Jerusalem and the resurrection.



## A LENTEN JOURNEY: AN EVENING OF SACRED MUSIC AND REFLECTION

**Sunday, March 8**  
**Time: 5:00 pm**  
**Location: St. Christopher's Anglican Church (1068 Inglewood Ave.)**

Step into the quiet beauty of Lent through music that inspires reflection and renewal. A Lenten Journey weaves together sacred choral pieces and contemplative moments, offering us space to pause, listen, and prepare our hearts for Easter.

**Tickets are \$15.**

Advance purchase recommended via cash, cheque or e-transfer to: [office@stchristopherswestvan.org](mailto:office@stchristopherswestvan.org)



## STAY WITH ME: IGNATIAN LENTEN RETREAT FOR YOUNG ADULTS

**Saturday, March 14**  
**Time: 9:00 am to 6:00 pm**  
**Location: St. Mark's College at UBC**

Join us for this young-adult Ignatian retreat focusing on our journey with God. We will engage silent time for personal prayer, scripture, music, art, walking in nature, small group sharing, and a sense of community as young adults. The retreat will be followed by Mass and dinner.

**\$30 Fee. Registration deadline: Thursday March 12.**  
For more information and registration please visit:  
[beholdvancouver.org/events/stay-with-me](http://beholdvancouver.org/events/stay-with-me)