

## St. Anthony's Parish

2347 Inglewood Avenue  
West Vancouver, BC V7V 1Z9  
Tel: (604) 926-6881

Web: [www.sawv.ca](http://www.sawv.ca)

### OFFICE HOURS:

MON - FRI: 9:30 AM — 1:30 PM  
2:00 PM — 4:00 PM

Pastor: Fr. Arsène Dutunge  
✉ [adutunge@rcav.org](mailto:adutunge@rcav.org)

Evangelization Coordinator:  
Elizabeth Holman  
✉ [elizabeth.sawv@gmail.com](mailto:elizabeth.sawv@gmail.com)

Office Admin: Alexandra G.  
✉ [parish.sawv@rcav.org](mailto:parish.sawv@rcav.org)

Accountant: Elizabeth Bell  
✉ [stanthonywvacc@gmail.com](mailto:stanthonywvacc@gmail.com)

## MASS SCHEDULES

### SUNDAY MASS:

Saturday 4:30 pm  
Sunday 8:30 am, 10:30 am

### WEEKDAYS:

Monday - Saturday: 9:00 am  
1st Friday: 6:30 pm

### CONFESSIONS:

Monday - Saturday: 8:30 - 8:50 am  
Saturday: 3:30 pm - 4:15 pm

### ADORATION:

Friday: 9:30 am - 4:00 pm  
[ 1ST FRIDAY OF THE MONTH ]  
9:30 am - 4:00 pm &  
Vigil 7:00 pm to Saturday 8:00 am

Sign-up sheets located in vestibule

### ONLINE GIVING OFFERTORY

SCAN WITH MOBILE PHONE OR CLICK  
THE QR-CODE



**FOLLOW US**  
**@stanthonyswv**

# ST. ANTHONY'S PARISH

4<sup>TH</sup> SUNDAY IN ORDINARY TIME

FEBRUARY 1, 2026



## Presentation of the Lord

**Monday February 2 at the 9:00 am Mass**

This feast also known as Candlemas, is closely related to the Gospel narrative introducing Jesus as the "Light". **This event commemorates the day when Mary and Joseph brought baby Jesus to the temple in Jerusalem, exactly 40 days after his birth.**

Candles to be blessed will be provided to parishioners at the beginning of the **9:00 am Monday Mass**. We hope to see you there!

### PARISH ACTIVITIES AND EVENTS

MON — SAT	8:15 AM — 8:30 AM	LITURGY OF THE HOURS & MORNING PRAYERS
MON — FEB 2	10:00 AM — 12:00 PM	CATHOLIC FAITH COURSE (SESSION 20)
TUE — FEB 3	6:30 PM	RCIA
TUE — FEB 3	7:00 PM	CHRISTIAN MEDITATION GROUP
WED — FEB 4	5:00 PM — 6:00 PM	RCIT
WED — FEB 4	6:00 PM — 7:15 PM	PREP
THU — FEB 5	1:00 PM — 3:00 PM	CRAFT GROUP
THU — FEB 5	6:30 PM — 8:15 PM	ALPHA
FRI — FEB 6	10:00 AM — 3:00 PM	ADORATION OF THE BLESSED SACRAMENT
FRI — FEB 6	3:00 PM — 4:00 PM	DIVINE MERCY
FRI — FEB 6	7:00 PM — 8:00 AM	OVERNIGHT VIGIL (FIRST FRIDAY ADORATION)
SAT — FEB 7	1:00 PM — 1:30 PM	MEN'S SHELTER (PICKUP)

# News from St. Anthony's Parish

## MASS INTENTIONS

### Sunday, February 1

8:30 am - *Parishioners*

10:30 am - *Pro Life Intentions*

### Monday, February 2

9:00 am - *Sp. Int. of Terence Chung*

### Tuesday, February 3

9:00 am - † Margaret Charles

### Wednesday, February 4

9:00 am - † Ed Hauser

### Thursday, February 5

9:00 am - † Margaret Charles

### Friday, February 6

9:00 am - † Gina Charles

6:30 pm - *Sp. Int. of Ying Yin Tsui*

### Saturday, February 7

9:00 am - *Sp. Int. of Susan Waldock*

4:30 pm - *Sp. Int. of Trudy Carlston*

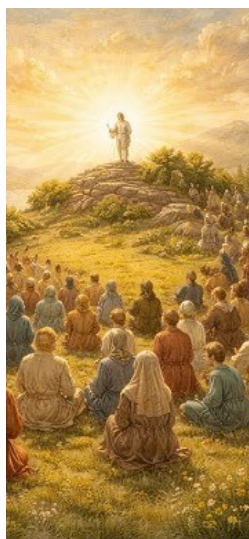


## SECOND COLLECTION — SUNDAY FEB 1

## BC CATHOLIC SUBSCRIPTION RENEWAL

The B.C. Catholic is a weekly publication for the Catholic community in British Columbia. **It is the official newspaper of the Archdiocese of Vancouver.**

You can enrol or renew your subscription for the year 2026 through the second collection of this weekend, using the blue envelopes. **For more information visit:**  
<https://bccatholic.ca/>



February 1, 2026

4<sup>TH</sup> Sunday in Ordinary Time

### STEWARDSHIP REFLECTION:

**“BLESSED ARE THE POOR IN SPIRIT, FOR THEIRS IS THE KINGDOM OF HEAVEN”.** — Matthew 5:3

The phrase “poor in spirit” can be confusing. Think of it in this sense – poor in spirit means depending on God’s providence and not depending on our own self-reliance.

Being detached from earthy things (power, money, and comfort) and being attached to heavenly things (charity, sacrifice, and mercy). Denying ourselves from satisfying our desires and helping others obtain their basic needs.



## 2025 TAX RECEIPTS AVAILABLE TO PICK UP

You can now pick up your 2025 Tax Receipts, and your new set of 2026 envelopes in the foyer of the church (outside the pastor’s office).

If you are unable to come in person, you can request to have your Tax Receipt delivered by mail or e-mail. **Please contact the office at: [parish.saww@rcav.org](mailto:parish.saww@rcav.org)**  
Phone: **604—926—6881.**

**Thank you** for supporting our parish through your weekly donations. **May God bless you more abundantly.**

**FEBRUARY 6**

# First Friday ADORATION

- ▶ 6:30 PM — 7:00 PM **FIRST FRIDAY MASS**
- ▶ 7:00 PM — 8:00 AM **OVERNIGHT ADORATION**
- ▶ 8:00 AM **BENEDICTION**

**ALL ARE WELCOME! SIGN UP IN THE FOYER**



# News from St. Anthony's Parish

Explore *life, faith*  
and *Jesus*.



## ALPHA

**Thursday, February 5**  
**Time: 6:30 pm to 8:15 pm**  
**Location: Parish Hall**  
**Session 4 — How can I have faith?**

Explore the meaning of life and faith and unpack the basics of Christian belief. For inquiries please contact:  
[elizabeth.sawv@gmail.com](mailto:elizabeth.sawv@gmail.com)



## CATHOLIC FAITH COURSE

**Monday, February 2**  
**Time: 10:00 am to 12:00 pm**  
**Location: Parish Hall**  
**Session 20: Matrimony**

Learn about the rich teachings and practices for our Catholic Faith from Fr. Vincent Hawkswell and Maureen Creelman. No need to register, everyone is welcome! This free course is suitable for Catholic and non-Catholic adults.

If unable to attend, you can take the course from home at:  
[beholdvancouver.org/catholic-faith-course](http://beholdvancouver.org/catholic-faith-course)



## NEW BRIDGE GROUP FOR PARISHIONERS—ENTRY LEVEL

**Every Tuesday, starting February 3**  
**Time: 10:30 am to 12:30 pm**  
**Location: Parish Hall**

A new group of bridge playing is starting. If you are interested in playing and socializing with fellow parishioners, please contact the office for registration.



## CHRISTIAN MEDITATION GROUP

**Tuesday, February 3**  
**Time: 7:00 pm to 8:00 pm**  
**Location: Church**

Pre-recorded 10 minute talk by Benedictines Fr. John Main or Fr. Laurence Freeman, a **25 minute silent meditation followed by time for questions and comments**. For more information contact JoAnn or Leo at: [jlcullen@telus.net](mailto:jlcullen@telus.net) or visit [WCCM.org](http://WCCM.org)



## CRAFT GROUP

**Join us every Thursday**  
**Time: from 1:00 pm to 3:00 pm**  
**Location: Hobson Room**



## MEN'S SHELTER

**Next pick up: Saturday, February 7**  
**Time: 1:00 pm to 1:30 pm**  
**Location: Parish parking lot**

There are so many ways to donate and support the less fortunate! The monthly food collection for the Archdiocese of Vancouver's Men's Shelter will be on Saturday, February 7 (every first Saturday of the month). Donations of sandwiches, baked goods and cookies are greatly appreciated.

For more information please contact Nan Thomas at:  
[nanthomas30@gmail.com](mailto:nanthomas30@gmail.com)



## WORLD DAY OF THE SICK MASS WITH ARCHBISHOP SMITH

**Wednesday, February 11**  
**Time: 11:00 am**  
**Location: Our Lady of Sorrows Parish**  
**(555 Slocan Street, Vancouver).**

Pray for those who suffer from illness and their caregivers. Join Archbishop Smith for Mass at Our Lady of Sorrows Parish.

The theme for this upcoming World Day is :  
*"The compassion of the Samaritan: loving by bearing the pain of the other."*



## 7<sup>TH</sup> ANNUAL SCOTCH TASTING — CITY IN FOCUS

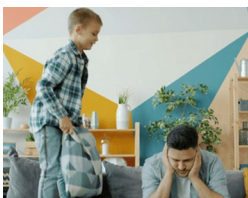
**Thursday, February 12**  
**Time: 5:00 pm to 7:00 pm**  
**Location: John Paul II Pastoral Center (4885 St. John Paul II Way)**

Join Greame Macaloney of *Macaloney's Distillery*, Canada's most awarded craft distillery, who will encourage guests to nose, taste and learn about some of the finest whiskeys and enjoy delicious hors d'oeuvres.

This is an opportunity to meet new people and support the Jesuits who have a long and courageous history of uniquely engaging society, devoting their lives to promoting social justice, youth education, and assisting people cultivating a deeper faiths.

Tickets are \$80 each, includes hot and cold appetizers. Learn more and register at:  
[www.cityinfofocus.ca/jesuit-charity-event/](http://www.cityinfofocus.ca/jesuit-charity-event/)

# News around the Archdiocese



## NEUFELD PARENTING COURSE

Every Tuesday,  
from February 17 to March 10  
Time: 6:30 to 8:30 pm  
Location: Online via Zoom

The real question for concerned parents and teachers is not just about how to manage a child's behaviour but rather how to do so without causing harm to relationship, development, and well-being.

This course unfolds how to do just that, while at the same time not compromising the adult's responsibility to impose some order on behaviour when circumstances require. The guidelines and principles apply to children of all ages.

**\$50 fee.** Learn more and [register by February 10 at: www.beholdvancouver.org/events/neufeld-parenting-course](http://www.beholdvancouver.org/events/neufeld-parenting-course)



## CATHOLIC CHRISTIAN OUTREACH: ACTIVATE CONFERENCE 2026

from Friday, May 29 to Monday, June 1  
Location: Sheraton Hotel at YVR airport

*The conference where Missionaries Disciples get activated.* Activate Conference is an incarnational, Spirit-led encounter where missionary disciples are formed, inspired, and equipped for real-world evangelization. Every moment is intentionally designed for transformation: from deep prayer and Eucharistic adoration to dynamic training sessions that speak directly into your mission context.

It's a critical gathering place for those seeking to multiply disciples, connect with like-minded leaders, and experience the Holy Trinity's renewing power. Be the first to discover CCO's newest evangelization tools, engage with the Church's most innovative ministries, and step into a weekend that will ignite your faith and mission like never before.

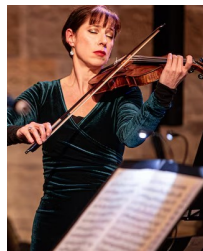
Early bird ending February 14. Learn more and register at: <https://activate26.cco.ca/>



## PRO—LIFE MASS AND PRAYER VIGIL

Saturday, February 7  
Time: 9:00 am  
Location: Christ the Redeemer Parish

Join your voice with ours as we pray on the first Saturday of each month for respect all human life, from conception to its natural end. Hosted by the Archdiocese of Vancouver, we will begin with Mass at CTR, followed by the rosary.



## 3<sup>RD</sup> DUMPLING CONCERT—AMBROSE MATILDA MUSIC CONNECTION SOCIETY

Friday, February 6  
Time: 5:00 pm to 8:00 pm  
Location: John Paul II Pastoral Centre

This concert is presented by the AMMC to celebrate the **Lunar New Year through music**. It is a time to come together and share health, hope, and joy through music. Enjoy Korean dumplings after the concert and join us for a warm time of fellowship with musicians and audience.

**Tickets by donation.** Learn more and register at: [beholdvancouver.org/events/ammc](http://beholdvancouver.org/events/ammc)



## ST. JOSEPH'S BEREAVEMENT SUPPORT FOR PARENTS OF INFANT & PREGNANCY LOSS

Saturday, February 7  
Time: 10:00 am to 12:30 pm  
Location: St. Nicholas Parish Langley (20675 87th Ave)

The normal circle of life is broken when one has outlived their child. How do you go on? What can you do with your pain? Where do you turn? What do other grieving parents do to live and love fully again. Sessions will run on Saturdays for eight consecutive weeks. We will work through the book *Grieving With the Help of Your Catholic Faith*. **Fee \$35, limited spots.**

To register please contact Carla Vangool at: **604—308—0050 email: [charlavan@shaw.ca](mailto:charlavan@shaw.ca)**



## THE MAN OF THE SHROUD EXHIBITION

From March 5 to March 8  
Time: 10:00 am to 4:00 pm  
Location: St. John Paul II Academy (2358, 182 Street, Surrey BC)

We invite you to a rare, time-sensitive faith and educational experience: The Man of the Shroud Exhibition. This exhibition has been travelling across Canada since 2004, making this a once-in-a-lifetime opportunity for many of the faithful.

**Individual and group visits are offered by registration only**, to ensure a focused and meaningful experience.

To register please contact: [shroud@sjp2foundation.com](mailto:shroud@sjp2foundation.com)  
**604—560—8210 ext. 1**