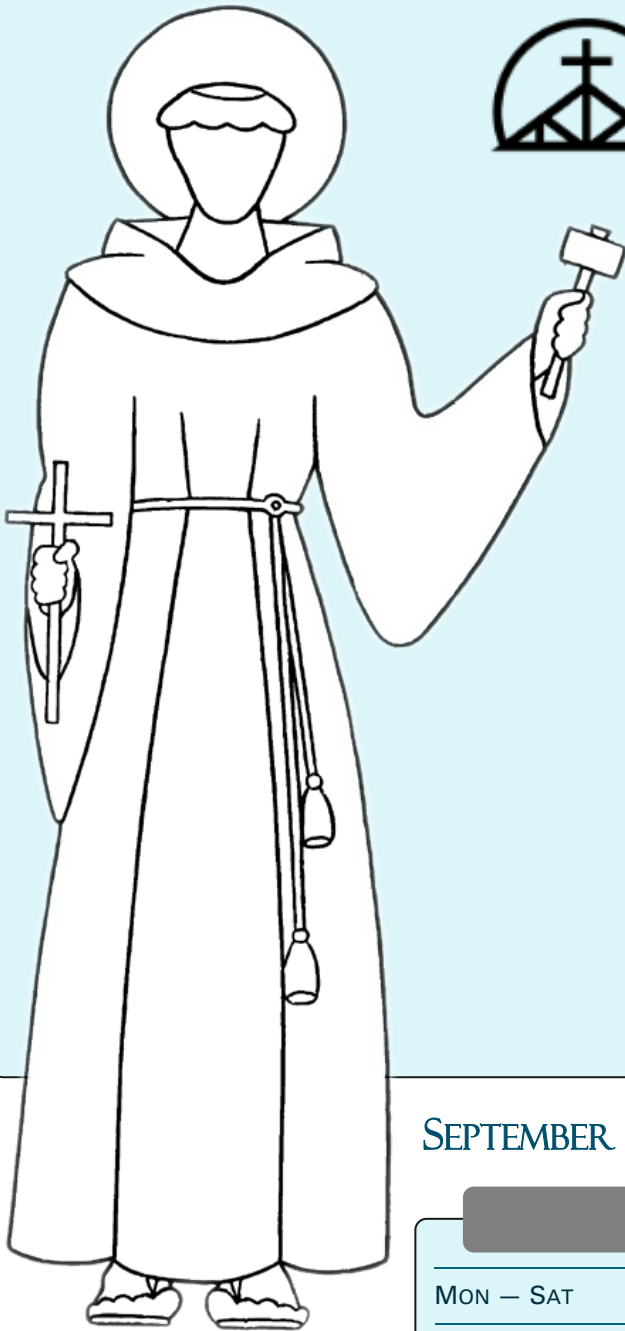




# ST. ANTHONY'S PARISH

**PASTOR:**

Fr. Arsène Dutunge  
✉ [adutunge@rcav.org](mailto:adutunge@rcav.org)

**MASS SCHEDULES****SUNDAY MASS:**

Saturday 4:30 pm  
Sunday 8:30 am, 10:30 am

**WEEKDAYS:**

Monday - Saturday: 9:00 am  
1st Friday: 6:30 pm

**CONFESSIONS:**

Monday - Saturday: 8:30 - 8:50 am  
Saturday: 3:30 pm - 4:15 pm

**ADORATION:**

Friday: 9:30 am - 4:00 pm  
[ 1ST FRIDAY OF THE MONTH ]  
9:30 am - 4:00 pm &  
**Vigil** 7:00 pm to Saturday 8:00 am  
\* Sign-up sheets located in vestibule

**BENEDICTION:**

Friday: 4:00 pm  
1st Friday : 4:00 pm and the following  
morning at 8:00 am

**ADDRESS:**

2347 Inglewood Avenue  
West Vancouver, BC V7V 1Z9  
Tel: (604) 926-6881

**Email:** [parish.sawv@rcav.org](mailto:parish.sawv@rcav.org)

**Web:** [www.sawv.ca](http://www.sawv.ca)

**OFFICE HOURS:**

MON - FRI: 9:30 AM — 12:00 PM  
2:00 PM — 4:00 PM

**ONLINE GIVING OFFERTORY**

SCAN WITH MOBILE PHONE OR  
CLICK THE QR-CODE



FOLLOW US

@[stanthonysw](https://www.instagram.com/stanthonysw)



**flocknote**

[STANTHONYWESTVAN.FLOCKNOTE.COM](http://STANTHONYWESTVAN.FLOCKNOTE.COM)

SEPTEMBER 29<sup>TH</sup>, 2024

26<sup>TH</sup> SUNDAY IN ORDINARY TIME

**PARISH ACTIVITIES & EVENTS**

MON — SAT	8:15 AM — 8:30 AM	MORNING PRAYERS
MON — SEPT 30	10:00 AM — 12:00 PM	CATHOLIC FAITH COURSE (SESSION 2)
TUE — OCT 1	7:00 PM	CHRISTIAN MEDITATION GROUP
WED	4:00 PM	MARIAN MOVEMENT CENACLE
WED — OCT 2	6:00 PM — 7:15 PM	PREP
THURS	1:00 PM — 3:00 PM	CRAFT GROUP
FRI	9:30 AM — 4:00 PM	ADORATION OF THE BLESSED SACRAMENT
FRI	3:00 PM	DIVINE MERCY
FRI — OCT 4	6:30 PM	1ST FRIDAY EVENING MASS & OVERNIGHT VIGIL
FRI — OCT 4	7:00 PM — 8:00 AM	OVERNIGHT ADORATION VIGIL
SAT — OCT 5	10:00 AM — 12:00 PM	RESCUE PROJECT (STARTING)
SUN — SEPT 29	10:30 AM	COMMISSIONING SUNDAY
SUN — OCT 6	1:00 PM	BLESSING OF THE ANIMALS

## PROJECT ADVANCE 2024

### Building our Parish Community

Project Advance provides an excellent opportunity for everyone to give thanks and to support our parish and Archdiocese.

LEARN MORE [rcav.org/project-advance](http://rcav.org/project-advance)



DONATE  
ONLINE

## MASS INTENTIONS

### Monday, September 30

9:00 am - *Sp. Int. of Karen and Peter Balogh*

### Tuesday, October 1

#### St. Therese of the Child Jesus

9:00 am - *Sp. Int. of Bishop Gary Franken and Family*

### Wednesday, October 2

#### The Holy Guardian Angels

9:00 am - *Sp. Int. of Joan and Paschal Agon*

### Thursday, October 3

9:00 am - *Sp. Int. of Susan Wynne*

### Friday, October 4

#### St. Francis of Assisi

9:00 am - † Gina Charles  
6:30 pm - *Sp. Int. of Richard and Michelle Podgurski*

### Saturday, October 5

9:00 am - † Oscar Labrecque  
4:00 pm - *Sp. Int. of Bishop Gary Franken and Family*

### Sunday, October 6

8:30 am - *Sp. Int. of Ivy Wei*  
10:30 am - Parishioners

## MENTAL HEALTH



### ADDRESSING THE STIGMA: EQUIPPING PARISHES TO BRIDGE FAITH AND MENTAL HEALTH

Mental health is more and more “*on the radar*” in our culture as both awareness of the topic and the challenges many people experienced increase. The media gives more attention to this topic and our schools are often spaces where mental health takes a prominence. However, sometimes as a Church or parish there can be uncertainty about how to engage well with this topic. And the need is increasing.

If you'd like to be a part of the movement towards a Church culture that has a healthy response towards mental health challenges and appropriately understands and bridges the gap between faith and mental health, please join us as we take a deeper dive into the topic and invite you to consider how you could be a part of moving the needle forward within your own parish.

**WHEN: SATURDAY, OCTOBER 12**

**TIME: 9:30 AM - 12:30 PM**

**WHERE: ST. MATTHEW'S PARISH IN SURREY**

Registration is \$10.

Learn more and register at [behondvancouver/events](https://behondvancouver/events)



## COMMISSIONING SUNDAY

Please join us

**DATE: SUNDAY, SEPTEMBER 29<sup>TH</sup>**

**TIME: 10:30 AM**

For the commissioning Mass for our parish's Catechists teaching LWC (Liturgy of the Word for Children), PREP (Parish Religious Education Program), Youth Ministry, and RCIA (Rite of Christian Initiation for Adults).

May God's grace bless them as they share their knowledge and love of the faith with students beginning their faith journeys.

Parishioners, the catechists of the parish have a special responsibility to provide good religious instruction to children and adults here at Saint Anthony's Parish. They work very diligently at this task.

Their efforts, however, will not be fruitful without your help. You too bear responsibility for the teaching of the Faith here in the parish. In a particular way, Catholic parents bear a primary responsibility for teaching the faith to their children. I ask you to support the efforts of the catechists and to do what you can in your own home to ensure that your children come to know the Saviour Jesus who so dearly loves each of us.

## CWL CORNER

### St Anthony's CWL

would like to

## THANK EVERYONE

who so generously supported our **COMMUNITY THRIFT SALE** last weekend.

We are still rolling/counting the coins but it looks like we have made about \$4,069 which will enable us to support a long list of worthy charities.

**God Bless!**

## CATHOLIC FAITH COURSE

### THE CATHOLIC FAITH IN PLAIN ENGLISH

Learn about the rich teachings and practices of our Catholic Faith from

**Fr. Vincent Hawkswell** and **Maureen Creelman** in their course

**DATE: MONDAY, SEPTEMBER 30**

**TIME: 10:00AM - 12:00 PM**

**WHERE: PARISH HALL**

**SESSION 2:**

### THE CREATION AND THE FALL

This course is suitable for all adult learners, including Catholics and non-Catholics.



## FRIDAY, OCTOBER 4, 2024

### ALL NIGHT ADORATION VIGIL

AFTER 6:30 PM MASS UNTIL SAT, 8:00 AM.

### ALL ARE CALLED AND WELCOME!

Remembering the words of Jesus  
“*Could you not keep watch with Me for one hour? Keep watching and praying that you do not enter into temptation: the spirit is willing but the flesh is weak*” Matthew 26:40. 41

*Sign-up sheet in the parish vestibule.*



### MEN'S SHELTER DONATIONS

In addition to hot meals, cookies, squares, muffins, bananas and oranges, sandwiches etc. needed. Home made baking would be a real treat and store bought would also be welcome.

**We URGENTLY need additional help to cook & prepare meals.**

For more information please contact Nan at [nanthomas@shaw.ca](mailto:nanthomas@shaw.ca)

Our next parking lot pick-up is :

**DATE: SATURDAY, OCTOBER 5<sup>TH</sup>**  
**TIME 1:00 PM TO 1:30 PM**



**"DIVINE MERCY AND MARY: OUR HOPE"**

In anticipation of the 2025 Jubilee Year, **PILGRIMS OF HOPE**, the third North American Congress on Mercy (NACOM III) will take place

**WHEN:** Nov. 15 — 17, 2024

**WHERE:** GOOD SHEPHERD CHURCH

2250 150 STREET, IN SURREY

**THEME:** DIVINE MERCY AND MARY: OUR HOPE

*"We are excited to bring NACOM to Canada for the first time, and we invite devotees of Divine Mercy from across North America to come to Vancouver", says Fr. Kazimierz Chwalek, MIC, NACOM III coordinator.*

There are spiritually enriching presentations from inspiring, well-known speakers and powerful witnesses to God's love and mercy; Holy Mass; Eucharistic Adoration; Confession; uplifting sacred music; book signings; and time for sharing and fellowship.

**Something for everyone!**

Register Online:  
[forms.marian.org/nacom](https://forms.marian.org/nacom) or  
visit: [mercycongress.org](https://mercycongress.org)



*"I'll bet this is how the early Christians felt."*

*"I recommend tissues and a seatbelt"*

## What people are saying about

*"The RESCUE project is uniting our divided parish"*

*"The RESCUE project continues to be the greatest series I've ever seen or been a part of."*

*"This is the first time I heard the gospel in a way that resonated with my masculine heart."*

*"The RESCUE project saved my marriage."*

## the RESCUE project



*"I'm feeling challenged, because I've NEVER heard Jesus preach like this."*

SEPTEMBER 30<sup>TH</sup>  
REGISTRATION DEADLINE

## the RESCUE project



### St. Anthony's Parish

2347 INGLEWOOD AVE., WEST VANCOUVER

[SAWV.CA](http://SAWV.CA)



#### LEARN MORE & SIGN-UP

EMAIL: [RESCUE.SAWV@GMAIL.COM](mailto:RESCUE.SAWV@GMAIL.COM)

CALL OR TEXT (604) 359.6566

SIGN-UP SHEETS LOCATED AT THE VESTIBULE



WATCH THE SERIES TRAILER

# KNOW THE STORY

## JOIN US

STARTING

**OCTOBER 5**

SATURDAYS

10:00 AM TO 12:00 PM

An eight-week small group experience of the gospel surrounded by food, conversation and prayer.

16+ AND ADULTS WELCOME



## TRUTH & RECONCILIATION



### SEPTEMBER 30<sup>TH</sup>

**National Day for Truth and Reconciliation** provides an opportunity for all Canadians to reflect and honour Survivors of residential schools and those who support them. In a special way, we remember the children that never returned home. We recognize this painful history and, as a Catholic community, acknowledge our involvement in the residential school system. On this day, we pray, educate and advocate, looking for opportunities to discern how each one of us can participate in the journey of healing, reconciliation and hope.



## Blessing of the Animals

Sunday, October 6 at 1:00 pm

Bring your pets to our Blessing of the Animals in honour of **St. Francis of Assisi** and his love of animals.

Please ensure your pet is on a leash or in a cage. The blessing takes place outside on the Church lawn on

**SUNDAY, OCT. 6<sup>TH</sup> AT 1:00 PM**

Being the Centennial Year, we are aiming for 100 pets. Invite your pet-owning friends and neighbours to this community event!

## PRO-LIFE MASS AND PRAYER VIGIL

One of the fundamental answers to abortion is prayer. Join your voice with ours as we pray on the first Saturday of each month for a new culture of life. Hosted by the Archdiocese of Vancouver, we will begin with Mass, followed by the rosary and other prayers either at a church with Adoration or at a local hospital. All are welcome! The next Mass and vigil takes place on

**DATE: SAT, OCT 5<sup>TH</sup>**

**TIME: 9:00 AM**

**WHERE: OUR LADY OF GOOD COUNSEL**  
10460 139 St, SURREY, BC V3T 4L5

[beholdvancouver.org/events](http://beholdvancouver.org/events)



LEARN MORE



Prepare your inner life for the Christmas season by joining us for this 2.5 days at the **Westminster Abbey Monastery** retreat in **Mission, BC** on:

**NOV 22<sup>ND</sup> TO 24<sup>TH</sup>**

Here you will take a pause from your everyday life and enter into ancient monastic rhythm and teachings from the upcoming book between Quinn Cahion and Sr. Jean Marie, a Dominican Sister, *The Divine Bridge*.

Learn more or register at: [bit.ly/quietluxuryretreats](http://bit.ly/quietluxuryretreats) or contact Quinn at [quietluxuryretreat@gmail.com](mailto:quietluxuryretreat@gmail.com).

## ESTATE & MEMORIAL PLANNING



This free online presentation provides general information for preparing or updating your Will, learning about the beauty of the funeral rite, and formulating pre-need arrangements. You'll be pointed to complimentary guides, tools and practical resources. The event is presented by the Gardens of Gethsemani cemetery, a ministry of the Archdiocese of Vancouver.

Next session is on **Thursday, October 3** at 11:00 a.m. via Zoom.

Learn more and register at [rccav.org/events](http://rccav.org/events).



## JOIN US

# LIFE CHAIN

**SUNDAY, OCTOBER 6, 2024**  
**2:00 – 3:00 pm**

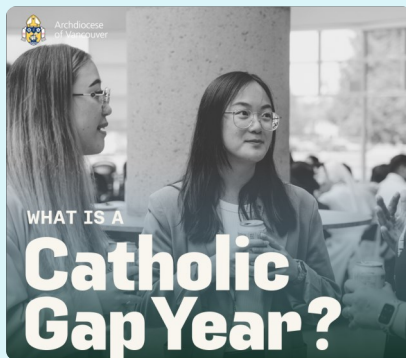
We will line Lonsdale on the four corners of 25<sup>th</sup> street with pro-life signs  
Signs provided at 1:30 pm on Lonsdale at 25<sup>th</sup> Street



Please join us as we gather here plus 35 other B.C. communities as thousands across Canada stand in prayerful and peaceful witness on behalf of abortion's many victims.

▶ **LOVE LIFE**  
**CHOOSE LIFE** ▶

## BURSARIES FOR CATHOLIC GAP YEAR PROGRAMS



Are you seeking God's will for your life? Looking for a way to take a pause from studies and work while also serving God? A Catholic Gap Year may be the perfect way to do both! \$500 bursaries are available to qualifying applicants who are entering a Catholic Gap Year program. The deadline to apply is September 30!

Learn more about Catholic Gap Year and apply now here: [catholicgapyear.ca](http://catholicgapyear.ca)

